

# What should I pack?

- ★ Light summer clothing
- ★ Sports shoes
- ★ A Jacket or sweater to visit volcanoes and high areas.
- ★ Long pants and a lightweight sweater or long-sleeved shirt for walks in the woods.
- ★ Swimsuit.
- ★ A raincoat or a rain "poncho".
- ★ Sandals for walking on the beach.
- ★ Hat or cap.
- ★ Sunblock lotion.
- ★ Insect or mosquito repellent.
- ★ Flashlight.
- ★ Binoculars.
- ★ Camera.